



Physical Exam Checklist

College Physical Exams

Forms Complete the personal and history information provided by your college prior to the exam. Be sure to bring all applicable paperwork as the different schools have different requirements.

Immunizations Please bring a complete immunization record with you to the appointment. Often patients have received vaccines from more than one location and the clinic may not have a record of these immunizations.

RECOMMENDED/REQUIRED VACCINES:

Meningococcal (Menactra) vaccine is given to prevent specific types of meningitis prevalent in dormitory or communal settings. This formula is designed to work for up to 10 years and is recommended for 11-12-year olds.

*Many colleges and universities require that students receive meningococcal vaccine.

Meningococcal Group B (Bexsero) vaccine given in addition to Menactra to prevent against additional types of meningitis prevalent in dormitory or communal settings. This vaccine is recommended at age 16-18 years but can be given up to age 23.

HPV (Gardasil) human Papillomavirus vaccine prevents four types of HPV which have a high incidence of causing cervical cancer and genital warts. It has been found to be most effective when given to young girls before they are sexually active and is licensed for ages 9-26 years. This is a three-shot series given at 0, 2, and 6 months.

Hepatitis B vaccine is a three-dose series that is now given with baby shots. Most children will have had the series completed by this age. If they are not complete the series will be done at this time. The dosing schedule is 0, 1, and 6 months. If the child has received partial series it is not restarted.

For inquiry of Vaccine and Administration fees please call our office.

If you have questions regarding your child's vaccine needs, please ask your physician.