



# Health History

Name \_\_\_\_\_ Date \_\_\_\_\_

DOB \_\_\_\_\_ Age \_\_\_\_\_ Marital Status: M S W D

**1.** Reason for today's visit: \_\_\_\_\_

**2. SERIOUS INJURIES/ILLNESSES – SURGERIES – HOSPITALIZATIONS**

| Year | Explanation | Physician Comments |
|------|-------------|--------------------|
|      |             |                    |
|      |             |                    |
|      |             |                    |
|      |             |                    |
|      |             |                    |
|      |             |                    |

**3. MEDICATIONS** – List medications you are currently taking, including dosage and frequency:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**4. ALLERGIES** – List allergies to medications, foods, latex or environment:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**5. FAMILY HISTORY**

|          | FATHER<br><input type="checkbox"/> Alive<br><input type="checkbox"/> Deceased | Present health or cause of death and age | MOTHER<br><input type="checkbox"/> Alive<br><input type="checkbox"/> Deceased | Present health or cause of death and age | SPOUSE<br><input type="checkbox"/> Alive<br><input type="checkbox"/> Deceased | Present health or cause of death and age |
|----------|---|--|---|--|---|--|
| BROTHERS | NO. ALIVE   | HEALTH                                   |   | NO. DECEASED                             | CAUSES OF DEATH AND AGES  |  |
| SISTERS  | NO. ALIVE   | HEALTH                                   |   | NO. DECEASED                             | CAUSES OF DEATH AND AGES  |  |
| CHILDREN | NO. ALIVE   | AGES & HEALTH                            |   | NO. DECEASED                             | CAUSES OF DEATH AND AGES  |  |

CHECK ILLNESSES WHICH HAVE OCCURRED IN ANY OF YOUR PARENTS, SIBLINGS OR GRANDPARENTS:

- |                                    |  |  |  |                                       |
|------------------------------------|--|--|--|---------------------------------------|
| <input type="checkbox"/> Allergy   | <input type="checkbox"/> Bleeding tendency   | <input type="checkbox"/> Diabetes      | <input type="checkbox"/> High blood pressure | <input type="checkbox"/> Tuberculosis |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Cancer, Type: _____ | <input type="checkbox"/> Gout          | <input type="checkbox"/> Kidney disease      | <input type="checkbox"/> Other: _____ |
| <input type="checkbox"/> Asthma    | <input type="checkbox"/> Chemical dependency | <input type="checkbox"/> Heart disease | <input type="checkbox"/> Stroke              |                                       |

**6. HEALTH HABITS** – Check (✓) which substances you use and describe how much you use.

|          | Never Used | Every Day (Indicate amount) | Some Days (Indicate amount and how often) | Formerly (in the past) |
|----------|------------|-----------------------------|---|------------------------|
| Caffeine |            |                             |   |                        |
| Tobacco  |            |                             |   |                        |
| Drugs    |            |                             |   |                        |
| Alcohol  |            |                             |   |                        |
| Other:   |            |                             |   |                        |

Are immunizations up to date?  Yes  No

**7. MEDICAL HISTORY** – Circle any conditions you currently have or have experienced in the past:

- |                    |                     |                    |                               |
|--------------------|---------------------|--------------------|-------------------------------|
| Abortion           | Chemical Dependency | Hypertension       | Psychiatric Care              |
| Alcoholism         | Chicken Pox         | Kidney Disease     | Rheumatic Fever               |
| Anemia             | Diabetes            | Liver Disease      | Scarlet Fever                 |
| Anorexia           | Emphysema           | Measles            | Sexually Transmitted Diseases |
| Appendicitis       | Epilepsy            | Migraine Headaches | Stroke                        |
| Arthritis          | Glaucoma            | Miscarriage        | Suicide Attempt               |
| Asthma             | Goiter              | Mononucleosis      | Thyroid Problems              |
| Bleeding Disorders | Gout                | Multiple Sclerosis | Tonsillitis                   |
| Breast Lump        | Heart Disease       | Mumps              | Tuberculosis                  |
| Bronchitis         | Hepatitis           | Pacemaker          | Typhoid Fever                 |
| Bulimia            | Hernia              | Pneumonia          | Ulcers                        |
| Cancer             | Herpes              | Polio              | Vaginal Infections            |
| Cataracts          | High Cholesterol    | Prostate Problem   |                               |

Other: \_\_\_\_\_

**8. NOTES**